

<b>INTRODUCTION .....</b>	<b>6</b>
<b>GENERAL NOTES ON MAKING PRODUCTS .....</b>	<b>7</b>
ANTI-OXIDANTS & PRESERVATIVES.....	10
CHOOSING PRESERVATIVES .....	10
PRESERVATIVE COMPARISON CHART .....	11
QUICK NOTE ON ELECTRICAL CHARGES .....	12
HOW TO MAKE PRODUCTS MORE ORGANIC OR NATURALLY COMPLIANT? .....	13
LINK TO A SERIES ON MY SITE ABOUT USING FRAGRANCE OILS IN OUR PRODUCTS!.....	14
<b>WHY WE DON'T USE GLASS IN THE BATHROOM FOR SHOWER OR TUB PRODUCTS! .....</b>	<b>15</b>
<b>SOME IDEAS ABOUT PACKAGING! .....</b>	<b>16</b>
A SIDE NOTE ON CREATING LABELS .....	16
A SIDE NOTE ON SELLING PRODUCTS!.....	17
<b>DIFFERENT COLOURANTS YOU CAN USE IN BATH FORMULAS!.....</b>	<b>18</b>
WATER SOLUBLE VERSUS OIL SOLUBLE .....	18
LIQUID COLOURANTS (WATER SOLUBLE).....	18
LAKE COLOURS (POWDERED, OIL SOLUBLE).....	19
NEON PIGMENTS (POWDERS, OIL SOLUBLE) .....	20
MICAS (POWDERED) .....	20
GLITTERS (POWDERS) .....	20
IRON OXIDES & ULTRAMARINES (POWDERS) .....	21
<b>BATH SALTS .....</b>	<b>22</b>
BASIC BATH SALT (FORMULA).....	23
A FEW NOTES ON THIS FORMULA.....	23
AN ASIDE ON CHOOSING ESSENTIAL OILS!.....	24
RETAINING SCENT WITH DENDRITIC SALTS! .....	25
BATH SALT WITH DENDRITIC SALT (FORMULA).....	25
RETAINING SCENT WITH NATRASORB BATH! .....	25
EPSOM OR FINE SEA SALTS WITH NATRASORB BATH (FORMULA).....	26
CREATING BATH SALTS WITH DEAD SEA SALTS!.....	26

DEAD SEA SALT BATH (FORMULA) .....	26
ADDING LIQUID OILS TO BATH SALTS! .....	27
MOISTURIZING BATH POWDER WITH EPSOM SALTS (FORMULA) .....	27
CREATING FIZZING FOOT BATH SALTS! .....	27
FIZZING MINTY FOOT SALTS (FORMULA) .....	27
<b>BATH BOMBS .....</b>	<b>29</b>
BASIC BATH BOMB (FORMULA) .....	29
INSTRUCTIONS FOR MAKING BATH BOMBS .....	29
SHOWER STEAMERS!.....	30
VICK'S-LIKE SHOWER STEAMER (FORMULA) .....	31
INSTRUCTIONS FOR MAKING SHOWER STEAMERS.....	31
WHAT KINDS OF MOULDS DO I USE? .....	32
WHY DON'T I USE WITCH HAZEL OR ALCOHOL IN YOUR BATH BOMB? .....	34
A FEW MORE THOUGHTS ON BATH BOMBS... ..	34
WHICH OIL IS BEST FOR A BATH BOMB? .....	35
CREATING BUTTERY BATH BOMBS! .....	36
BUTTERY BATH BOMB (FORMULA) .....	36
CREATING BATH BOMBS WITH EMULSIFIERS! .....	37
EMULSIFIED BUTTERY BATH BOMB (Formula) .....	37
CREATING BATH BOMBS WITH LIQUID SOLUBILIZERS!.....	38
BATH BOMBS WITH LIQUID SOLUBILIZER (FORMULA) .....	38
CREATING BATH BOMBS WITH NATRASORB BATH! .....	39
BATH BOMBS WITH NATRASORB BATH (FORMULA) .....	39
FIZZING FOOT BOMBS!.....	40
FIZZING FOOT BOMB (FORMULA) .....	41
INSTRUCTIONS FOR MAKING FIZZING FOOT BOMBS! .....	41
CREATING BUBBLING BATH BOMBS! .....	42
BUBBLING BATH BOMB (Formula) .....	43
A FEW THINGS TO KEEP IN MIND WHEN MAKING BATH BOMBS.....	43
A FEW MORE POINTS OF INTEREST.....	45
WHAT TO DO IF YOUR BATH BOMBS BREAK? .....	45
BROKEN BATH BOMBS BECOME FIZZING BATH SALTS (FORMULA) .....	46
HOW CAN I MAKE MY BATH BOMBS LOOK LIKE CUPCAKES? .....	46

AN ASIDE: USING BATH BOMBS AS TOILET TRAINING REWARDS! .....	47
<b>BUBBLING UNICORN DUST (AKA POWDERED BUBBLE BATH) .....</b>	<b>48</b>
BUBBLING BATH POWDER (FORMULA) .....	50
<b>AN ASIDE ON HARD WATER AND ADDING CHELATING INGREDIENTS .....</b>	<b>52</b>
<b>A BIT ON THE CHEMISTRY OF CITRIC ACID .....</b>	<b>54</b>
<b>AN ASIDE ON CREAM OF TARTAR (INCI: Potassium bitartrate).....</b>	<b>56</b>
WHY DOES IT FIZZ WHEN COMBINED WITH BAKING SODA? .....	56
<b>SOLID BUBBLE BATH! .....</b>	<b>58</b>
SOLID BUBBLE BATH - FORMULA FOR LESS HUMID CLIMATES .....	59
A VERSION FOR MORE HUMID CLIMATES! .....	60
SOLID BUBBLE BATH - FORMULA FOR MORE HUMID CLIMATES .....	61
<b>Q&amp;A: WHY USE CREAM OF TARTAR INSTEAD OF CITRIC ACID FOR FIZZ IN</b>	
<b>BATH BOMBS OR SOLID BUBBLE BATH?.....</b>	<b>62</b>
COMPARING THE COSTS OF CITRIC ACID AND CREAM OF TARTAR! .....	63
THE CHEMISTRY OF ACID-BASE REACTIONS USING CITRIC ACID OR CREAM OF TARTAR! .....	63
<b>MAKING FOAMING ICING FOR CUPCAKES OR SOLID BUBBLE BATH BARS!..</b>	<b>66</b>
BASIC ICING FOR SOAP CUPCAKES (up to 300 grams)* .....	66
<b>DISPERSING OR BLOOMING BATH OILS .....</b>	<b>68</b>
WHAT ARE SOLUBILIZERS?.....	68
LET'S MEET SOME SOLUBILIZERS! .....	69
CHOOSING YOUR OILS.....	71
A FEW NOTES ON THESE FORMULAS... ..	72
DISPERSING OR BLOOMING BATH OIL (FORMULA) .....	73
ARGAN MOISTURIZING BATH OIL (FORMULA) .....	74
SWEET ALMOND & CHERRY KERNEL BATH OIL (FORMULA).....	75
<b>BATH MELTS OR BATH TRUFFLES.....</b>	<b>76</b>
EMULSIFIED BATH MELT OR TRUFFLE (FORMULA).....	77
A note on using oil soluble colours in this formula! .....	78
<b>CONCLUSION .....</b>	<b>79</b>

MY BLOG, POINT OF INTEREST .....	79
THANK YOU TO MY AMAZING SUBSCRIBERS.....	79
HOW TO CONTACT ME .....	79
SUPPLIERS' INFORMATION .....	80

Written by Susan Barclay Nichols, better known as SwiftCraftyMonkey, blogger and formulator for the blog Point of Interest (<http://swiftcraftymonkey.blog>).

© 2022 by Susan Barclay Nichols. All rights reserved. This e-book or any portion thereof may not be reproduced in any form without the express written permission of the author, except as permitted by Canadian copyright law. The products you make from formulas contained in this e-book can be used by you for personal or commercial purposes, but please don't copy and paste the text or share this entire e-book on sites like Scribd or forward to your friends who aren't subscribers to the blog. Instead, please refer them to my shop or refer them to the site. Have fun formulating!